

Before anyone participates in an after school activity parental consent forms must be in place. Forms can be collected from Mrs Rossiter for each of the activities you are interested in attending – these need to be completed for each new Academic Year – Parents/pupils must inform us of any changes to medical details or emergency contact numbers to ensure everything is up to date. All consent forms must be returned directly to Mrs Rossiter in advance of attending the activity.

There may be charges for some of the clubs; this will be explained on the paperwork/at the club – cheques to be made payable to ‘Forres Academy School Fund’ and returned to Mrs Rossiter along with consent form.

DAY	ACTIVITY	TIME	VENUE
Monday	Choir All Years	Lunchtime – take along your packed lunch.	Music Department in P8
Monday	Rugby All Years	3.30pm – 5.00pm Starting 22 <sup>nd</sup> August 2016.	Change at Gameshall. Train on Plasmon /Gameshall – inclement weather and over the winter months.
Tuesday	Science Club S1 – S3 Pupils	12.50pm – 1.30pm Bring your Lunch	R16 with Mr Thornton and Miss McCormick
Tuesday	Activ8 Variety of activities to choose from.	3.30pm – 5.00pm Starting after the October Holidays	Report to the gameshall for choices. Young Leaders and PE staff will be taking the sessions.
Tuesday	Volley Ball	3.30pm – 5.00pm Starting 6 <sup>th</sup> September through to the October Holidays.	Report to the gameshall to change. Miss Currie will be taking the sessions.
Wednesday	Science Club S1 – S3	1.00pm – 1.30pm Starting 7 <sup>th</sup> September 2016 You are welcome to take along your packed lunch.	Report to R16 Mr Thornton will be leading the sessions.
Wednesday	Choir All Years	Lunchtime – take along your packed lunch.	Music Department in P8
Wednesday	Netball All Years	3.30pm – 5.00pm Starting 31 <sup>st</sup> August 2016	Report to the gameshall. Miss Taylor (Council Coach) will be taking the sessions with support from senior girls.
Thursday	Swimming All Years	7.00am at pool 7.15am – 8.15am in water. Starting 27 <sup>th</sup> October once pool refurbishment is complete.	Forres Swimming Pool Swim Coach – Mr Grant McPherson/Support from Mrs Rossiter
Thursday	Cricket All Years	3.30pm – 5.00pm Starting 25 <sup>th</sup> August 2016	Gameshall/Plasmon Field Mr Durrant and Mr Douglas will be taking the sessions.
Thursday	Cheerleading All Years	3.30pm – 5.00pm Starting 25 <sup>th</sup> September 2016	Forres Academy - Girls Gym Mrs Wood, Ms Wood and Ms Gregory
Thursday	FLAG Malawi	Lunchtime	H.E. Department – R14 - with Miss Stewart
Friday	Badminton All Years	Session 1 - 4.30pm – 6.00pm Session 2 – 6.00pm – 8.00pm Starting, 19 <sup>th</sup> August 2016	Forres House Community Centre Gameshall Mrs Rossiter/Miss Bell

DAY	ACTIVITY	TIME	VENUE
Saturday	Various Competitions	Opportunities throughout the year.	Refer to daily news sheets for information and opportunities for signing up.
Sundays 18 <sup>th</sup> Sept 25 <sup>th</sup> Sept 2 <sup>nd</sup> Oct 9 <sup>th</sup> Oct 16 <sup>th</sup> Oct	Moray Gig Sailing and Rowing Opportunities for students in S2 – S6.	Times vary due to tide times – these are available when signing up – see Mrs Rossiter – crew and committee member.	Based at Findhorn – need to arrange own transport to and from the location.
<b>Various school days</b>	<b>Interhouse Activities</b>	<b>Lunchtimes</b>	<b>Keep an eye on the notices for events and how to get involved.</b>
Mondays	S1 – 5 – a-side football	1.00pm – 1.30pm – be on time! Starting Monday, 5 <sup>th</sup> September 2016.	Meet at the gameshall – remember your PE Kit.
Wednesdays	S2 – 5 – a-side football	1.00pm – 1.30pm – be on time! Starting Wednesday, 7 <sup>th</sup> September 2016.	Meet at the gameshall – remember your PE Kit.

- **School Representation** – There will be opportunities for pupils to represent Forres Academy in a variety of sports throughout the Academic Year. These will be promoted through the various clubs, daily bulletin and electronic noticeboard. Pupils will often be asked to attend lunchtime meetings to register their interest and it is their responsibility to turn up or make contact with the person prior to the meeting to note their intention; failing to do this may mean that they will not be able to take part.
- **S1-2: BOOK GROUP:** Mrs Munn will be taking names each lunchtime week beginning 22<sup>nd</sup> August to start up this lunchtime club. If you enjoy reading why not join the club and help decide what book will be used for the first read?

#### Support for Pupils:

- School Health Team – drop in sessions with the School Nurse – Shona Beattie and Ann Crossman (School Nurse Support Worker). These will be held in G12 on Wednesdays over break and lunchtime.
- Lunchtime Pupil Support (RME and English) – to help pupils meet deadlines. Miss Ross from the English department will be offering this service to the pupils throughout the academic year.

#### Forres Academy will be continuing to support:

- LEPRA – S1 pupils will be looking for donations to support LEPRA during the month of September into October.
- The Blythswood Shoe Box Appeal through registration classes. This entails sending Christmas Boxes to men, women and children living in poverty. We welcome your support.

Updates of this information sheet will be completed as and when new clubs start, information changes or new activities and opportunities are organised and put in place. They will also appear in the Daily Bulletin, be advertised through departments especially tutorials and placed on the study support and sport Coordinator's noticeboard in school. Updates will also be placed on the school webpage.

If you have any queries regarding the extra-curricular programme please make contact with Mrs Rossiter, Teacher/StudySupport/Sport/HWB Coordinator at Forres Academy on 01309 672271 Ext 253 or 251.