

Lead 2014 – Commonwealth Games

By Orla Oates, Jodie Hunter and Lea McRitchie



School Sports Coordinator identified four pupils from S3 to represent the school at a Lead 2014 session which was held at Robert Gordon University in Aberdeen. The girls, Erin Carpenter and Erin Chase, were chosen due to their success in badminton, Jodie McPherson because she is vice captain of the Forres Falcons cheerleading team and Emma Rogan for her skills in football.

The day was run by students at the University and covered a variety of skills through several workshops. The group were given opportunities to develop their leadership skills for the 'Young Commonwealth Involvement.' Sessions included "Setting The

Challenge", which involved getting to know each other and setting the scene for the day, team work and what makes an effective team and how to apply their team work skills. They also had a workshop on "Lead Safe, Fun Inclusive Sport Activities" which taught them how to run sport activities which was most enjoyable and covered how to include all young people of different abilities. Their final session was, "Identifying Volunteer Roles and Skills" where they learned about what types of voluntary roles they could offer in sporting activities in schools or their local community.

The girls gained a lot of knowledge and awareness from the day and said, "It was a good experience overall and was interesting as we were able to learn new skills about being a leader. It was a privilege to be chosen as it's a one-off experience".